

Sree Chaitanya Mahavidyalaya

Habra-Prafullanagar, Dist. North 24 Parganas, PIN-743268

Faculty Personal profile



1. Name of the Faculty: **Dr. BISWABANDHU NAYEK**
2. Designation: SACT
3. Name of the Department: **PHYSICAL EDUCATION**
4. Educational Qualification: B.P.Ed, M.P.Ed, Ph.D (Physical Education & Sports Science), M.Sc in Yoga
5. Date of Joining: 05/08/2013
6. Contact No: 8001373286/9475344356
7. Email-Id: bisabandhunayek@gmail.com/bandhu992@gmail.com
8. Area of Specialization: Sports Training & Sports Management (Theory), Track & Field, Yoga, Hand Ball (Practical)
9. Area of Teaching: Sports Training & Sports Management
10. Research Interest: yes
11. Teaching Experience: 8 years
12. Faculty Development Programme/ Short Term courses: NO

Courses/ programme	Sponsoring Agency	Org. Institutions	Duration

13. Research paper/ Article Publications in journals:

Title of Paper	Name of Author/s	Name of Journal	Journal Level- International/ National/State/Local	ISSN Number	Year of Publication	Peer Reviewed & Impact factor
A comparative study on competition behavior pre-competition anxiety between hill and plain area level university football players	Dr. Kallol Chatterjee and Biswabandhu Nayek	International Journal of Development Research	International	2230-9926	2014	
A comparative study of selected physical fitness components of different residential school students	Dr. Kallol Chatterjee, Biswabandhu Nayek & Sumanta Majhi	International Journal of Sports Sciences and Fitness	International	2231-1599	2014	

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comparative study of anthropometric variables and physical fitness components between below poverty line and average poverty- line category physical education students	Dr. Kallol Chatterjee, Biswabandhu Nayek& Sumanta Majhi	UNMESH	National	0974-9829	2013	
A comparative study on vulnerable stress between pre-adolescent and adolescent school going children	Dr. Kallol Chatterjee, Biswabandhu Nayek & Sumanta Majhi	International Journal of Physical Education Health & Sports Sciences	International	2279-0306	2013	
Comparative study on Pre-Competition Anxiety Between National and State Level Women Athletes	Dr. Kallol Chatterjee and Biswabandhu Nayek	International Organization of Scientific Research	International	2347-6737	2013	
Impact of physical education on humanistic development	Biswabandhu Nayek	Impression	National	ISBN-2278-2699	2013	
Comparative Study on Pre-Competition Anxiety between Team Games and Individual Games	Kallol Chatterjee, Lakshmi Narayan Kaibarta and Biswabandhu Nayek	National Journal of Physical Education and Sports Sciences	National	2348-4713	2014	
comparative study on soccer skill performance between rural and urban high school players in West Bengal	Biswabandhu Nayek and Dr. Debaprasad Sahu	Journal of physical education and allied sciences	International	2230-7397	2013	
A comparative study on anthropometrical and physiological variable between women kho-kho players and non-players	Biswabandhu Nayek and Dr. Debaprasad Sahu	Journal of physical education and allied sciences	International	2230-7397	2012	
A Comparative Study on Recovery Pulse Rate after 12 Minute Run and Walk Test	Biswabandhu Nayek , Dr. Kallol Chatterjee Dr. Debaprasad Sahu	IOSR Journal of Sports and Physical Education	International	2347-6745	2014	
A COMPARATIVE STUDY ON ANTHROPOMETRIC VARIABLES AND KINESTHETIC SENSE BETWEEN VOLLEYBALL AND FOOTBALL PLAYERS	Biswabandhu Nayek , Dr. Kallol Chatterjee Dr. Debaprasad Sahu	International Journals of Movement Education and Social Science	International	2278-0793	2014	
Effect of Selected Yogic Practices and Dynamic Stretching on Flexibility of the School Children	Prosenjit Paul, Dr. Kallol Chatterjee & Biswabandhu Nayek	IOSR Journal of Sports and Physical Education	International	2347-6745	2015	
COMPARATIVE STUDY ON ANXIETY IN RAMADAN BETWEEN FASTING	Khairuzzaman mallick, Biswabandhu Nayek and Dr. Debaprasad	Indian Journal of Physical Education, Sports and Applied Science	National	ISSN:2229-550X	2015	

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AND NON-FASTING FEMALE ISLAMIC PHYSICAL EDUCATION STUDENTS	Sahu					
A Comparative Study of Pre-Competitive Anxiety Between Club Levels Batsman And Bowlers	Raju Roy, Biswabandhu Nayek and Dr.Kallol Chatterjee	ACTIVE LIFESTYLE –A Complete Journal of health, physical education, physical activity &sports	National	2395-0706	2015	
Effect of 6-Weeks Different Training Program on Muscular Power and Muscular Strength on Pre-Adolescence Soccer Players	Mr.Biswabandhu Nayek, Dr.Debaprasad Sahu and Dr.Kallol Chatterjee	MODERN PHYSICAL EDUCATION SPORTS AND GLOBALIZATION	National	ISBN:978-93-84667-06-1	2015	
A Comparative Study on Selected Anthropometrical Variables Among Different Age Group Soccer Player	Mr.sidhu Soren and Mr.Biswabandhu Nayek	MODERN PHYSICAL EDUCATION SPORTS AND GLOBALIZATION	National	ISBN:978-93-84667-06-1	2015	
A COMPARATIVE STUDY ON CARDIORESPIRATORY ENDURANCE BETWEEN M.P.Ed AND B.P.Ed FEMALE STUDENTS	Sankhadeep Mukherjee and Biswabandhu Nayek	Trailing the Footprints of Nutrition &Wellness Entrapping Foothold of Healthy Nation	National	ISBN: 978-81-88904-88-4	2016	
PREDICTION OF PERFORMANCE OF DISTRICT LEVEL LONG JUMPER IN RELATION TO THEIR KINAESTHETIC SENSE AND COORDINATION ABILITY	Biswabandhu Nayek, Dr.Deba Prasad Sahu and Dr.Kallol Chatterjee	Trailing the Footprints of Nutrition &Wellness Entrapping Foothold of Healthy Nation	National	ISBN: 978-81-88904-88-4	2016	
A Comparative Study on Kinaesthetic Perception and Reaction Ability Between Kathak and Aerobes Dancers	Santu Samanta, Tandra bachhar and Biswabandhu Nayek	International Journal of Physiology, Nutrition and Physical Education	International	2456-0057	2016	
A Comparative Study on Skill Related Fitness Between Residential and Non-Residential School Boys	Sankhadeep Mukherjee, Biswabandhu Nayek and Dr.Kallol Chatterjee	International Journal of Physiology, Nutrition and Physical Education	International	2456-0057	2016	
A Comparative Study on Strength, Agility and Dynamic Balances Between Volleyball and Basketball Players	Suman Mondal, Biswabandhu Nayek and Dr.Kallol Chatterjee	International Journal of Physiology, Nutrition and Physical Education	International	2456-0057	2016	
Effect of 6-weeks yoga and aerobic exercise on muscular strength and flexibility of pre-adolescence students	Biswabandhu Nayek and Dr.Kallol Chatterjee	International Journal of Yogic, Human Movement and Sports Sciences	International	2456-4419	2016	
Effect of Yogic	Dr.Deba Prasad		International	2456-	2016	

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Practices on Weight Management of Women	Sahu and BiswabandhuNayek	International Journal of Yogic, Human Movement and Sports Sciences		4419		
Comparative Study on Coordinative ability of different positional volleyball players	Krishnendu Ghosh, Biswabandhu Nayek and Dr.Kallol Chatterjee	International Journal of Yogic, Human Movement and Sports Sciences	International	ISSN-2456-4419	2016	
Effects on Downhill Training on Sprinters	Aniket Polsai, Somnath Rakshit and Biswabandhu Nayek	International Journal of Latest Engineering Research and Applications (IJLERA)	International	ISSN: 2455-7137	2016	
Comparative Study on Pre-Competition Anxiety Among Different Level Athletes	Dr.Deba Prasad Sahu, Dr.Kallol Chatterjee and Biswabandhu Nayek	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga	International	ISBN:978-93-87072-17-6	2016	
A Comparative Study on Stress Among Different age Group College Students	Dr.Deba Prasad Sahu, Dr.Kallol Chatterjee and Biswabandhu Nayek	Trailing the Footprints of Nutrition &Wellness Entrapping Foothold of Healthy Nation	National	ISBN: 978-81-88904-88-4	231-236	2016
A Study on Abdominal Strength Among Different Age Level Girls	Jesmina Banu and Biswabandhu Nayek	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga	International	ISBN:978-93-87072-17-6	2017	
Effect of Conditioning on Selected Physical Fitness Components on Physical Education Students	Dipesh Choudhary and Biswabandhu Nayek	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga	International	ISBN:978-93-87072-17-6	2017	
Effect of 12 Weeks Aerobic and Anaerobic Training on lipid Profile of Middle Distance Runners	BiswabandhuNayek and Dr.Malay Kumar Mukhopadhyay	International Journal of Physical Education, Sports and Health	International	ISSN-2394-1685	2018	
Efficacy of aerobic and anaerobic training on selected Haematological variables of middle distance runners	BiswabandhuNayek and Dr. Malay Kumar Mukhopadhyay	International Journal of Physiology, Nutrition and Physical Education	International	ISSN-2456-0057	2018	

14. Full Paper/ Article Publications in Conference Proceedings:

Title of Paper	Name of	Book title ,	Conf. Level-	ISSN/ISB	Year of	Peer
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	Author/s	editor & publisher	International/ National/State/Local	N Number	Publicatio n	Reviewe d
Comparative study of anthropometric variables and physical fitness components between residential and non- residential physical education college student	Dr. Kallol Chatterjee and Biswabandhu Nayek	National Conference on Inter-Disciplinary Approaches in Physical Education and sports 18 th and 19 th	National	978-81-924376-8-2	2013	
A comparative study on recovery pulse rate between savasana and yoganidra	Dr. Kallol Chatterjee and Biswabandhu Nayek	National Seminar on Fitness & Wellness	National		2014	
COMPARATIVE STUDY ON BODY SEGMENTS AND BMI BETWEEN CRICKET PLAYERS AND HOCKEY PLAYERS	Biswabandhu Nayek , Dr.Kallol Chatterjee Dr.Debaprasad Sahu	GLOBAL EXCELLENCE IN FITNESS AND SPORTS SCIENCE	National	ISBN: 978-81-89463-96-0	2015	

15. Books Published (as author/as editor):

Title of Paper	Name of Author/s	Type of Book & authorship	Book title , & publisher	Publisher Level- International/ National/State/Local	ISSN/ ISBN Number	Year of Publication	Peer Reviewed
Sarir siksha dishari	Dr.Debaprasad Sahu & Biswabandhu Nayek	Text Book	Tapati publication	National	ISBN-978-93-85150-51-7	2016	

16. Paper Presentation/ Participation (Seminars/Conferences/ Symposia/ Workshops):

Name of Paper Presentation	Title of (Seminar/Conference/ Symposium/ Workshop	Level of Seminar	Sponsoring Agency	Org. Institutions	Date
Biswabandhu Nayek	Food and Nutrition in Community Health: Rural Perspective of West Bengal	National Level	UGC	Mahishadal Girl's College	16 th and 17 th February,2012
Biswabandhu Nayek	Social Stratification in sports and overview	State Level	-	Jadavpur University	18.02.2012
Biswabandhu Nayek	Role of Sports Administration on Sports Development	State Level	UGC	P.N. Das College	3 rd February,2013
Biswabandhu Nayek	Socioeconomic and Socio cultural	National Level	UGC	Mugberia Gangadhar	10 th -11 th

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	Perspective of Physical Education			Mahavidyalaya	May,2013
Biswabandhu Nayek	Sustainable Development of Physical Education for Health, Active Life-Style and Well-Being in 21 st Century	National Level	UGC	Union Christian Training College	20 th and 21 st September,2013
Biswabandhu Nayek	24 th National conference of sports psychology on Sports and Exercise psychology: Career Development and psychological Aspects of Youth Sports	National Level		Visva-Bharati University	January 4-6, 2014
Biswabandhu Nayek	Food and Nutrition in Community Health Rural Perspective of India	National Level	UGC	Mahishadal Girl's College	21-22 January- 2014
Biswabandhu Nayek	Issues And Challenges in Physical Education and Sports Science	National Level		Visva-Bharati University	25 th And 26 th June, 2016
Biswabandhu Nayek	Exercise and Sport Psychology in 21 th Century Research and Application Perspective and 25 th National conference of Sports Psychology	National Level	UGC	ICSP	15 th -18 th October,2014
Biswabandhu Nayek	Modern Physical Education Sports and Globalization	National Level	UGC	Haldia Government College	September- 03-04, 2015

17. Awards/Recognitions/Fellowship: No

Name of Awards/ Recognitions/ Fellowship	Name of Institution/ Bodies	Level - International/ National/State/University	Receiving Year	Reason/Grounds

18. Membership of Professional Committees/State/Central Bodies:

Name of Professional Committees / State/Central Bodies	Address of Committees / Bodies	Level of Committees / Bodies	Type of Membership (Life/Ordinary/ Invitee etc.	Duration of Membership
West Bengal Athletic Association	KolKata	State	Life	2012 to till Date

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West Bengal Kho-Kho Association	Kolkata	State	Life	2016 to till Date
Athletics Federation of India	New Delhi	National	Ordinary	2013 to till Date

19. Member of Board of studies/ Academic Activities: WBSU Invitee Member,2018
20. Research Projects: (Title/Agency/ Period/ Grant Amount) No
21. Research Guide: No
22. Community Work/ Social Activity:
23. Special Achievements: All India Athletics Coach of WBSU,218-19 (Men & Women)
East Zone Handball Coach of WBSU.2019-20 (Men)
Manager of WBSU Cricket Team, 2017
24. Any other:
 - PARTICIPATED IN INTER SCHOOL ATHLETIC COMPETITION - 1993
 - PARTICIPATED IN INTER COLLEGE ATHLETIC MEET- 2000
 - PARTICIPATED IN SUBDIVISION ATHLETIC MEET- 2009
 - PARTICIPATED IN SENIOR NATIONAL LEVEL THROW BALL CHAMPIONSHIP-2010
 - PARTICIPATED IN STATE HANDBALL CHAMPIONSHIP-2014.
 - OFFICIAL IN THE WEST BENGAL INTER-COLLEGE SPORTS CHAMPIONSHIP,2014
 - OFFICIAL IN THE STATE ATHLETIC COMPETITION **2014**
 - OFFICIAL IN THE WEST BENGAL INTER-COLLEGE SPORTS CHAMPIONSHIP,2015
 - OFFICIAL IN THE STATE ATHLETIC COMPETITION **2015**
 - OFFICIAL IN THE EAST ZONE ATHLETIC COMPETITION **2015**
 - OFFICIAL IN THE OPEN NATIONAL ATHLETIC COMPETITION **2015**
 - OFFICIAL IN THE STATE ATHLETIC COMPETITION **2016**
 - ASSOCIATE EDITORS IN INTERNATIONAL JOURNAL OF PHYSIOLOGY, NUTRITION AND PHYSICAL EDUCATION, ISSN: 2456-0057
 - ASSOCIATE EDITORS IN INTERNATIONAL JOURNAL OF YOGIC, HUMAN MOVEMENT AND SPORTS SCIENCES, ISSN: 2456-4419